

21ST CENTURY HORMONE ADVANCEMENTS

The Practitioner's Comprehensive Guide to Bioidentical
Hormones through Menopause & Andropause

NOVEMBER 7-10, 2019

MARRIOTT IRVINE SPECTRUM
7905 Irvine Center Drive, Irvine CA 92618

For Hotel Reservations Call (800) 357-0855 or click on the hotel
link on the symposium overview page on our website.

**HRT TREATMENT
STRATEGIES:**

Static HRT
Physiologic HRT
Hormone Pellets
HRT & Cancer

TO REGISTER:

21ST CENTURY HORMONE ADVANCEMENTS

The Practitioner's Comprehensive Guide to Bioidentical Hormones through Menopause & Andropause

COURSE DESCRIPTION

"21st Century Hormone Advancements: The Practitioner's Comprehensive Guide to Bioidentical Hormones through Menopause & Andropause" symposium is designed to provide the most comprehensive overview of the most popular approaches to replace and restore hormones in men and women, showcasing in-depth strategies on how to optimize those hormones through low dose static replacement, hormone pellet implants, and rhythmically dosed physiologic restoration.

Attendees will also obtain up-to-date knowledge in hormone treatment strategies as they relate to PCOS, breast cancer, prostate cancer, sleep and stress issues, transgender reassignment advances, sexual dysfunction, heart disease, BPH and lower urinary tract symptoms, and infertility.

Our target audience is designed for physicians, nurses, pharmacists, physician's assistants, and other health care providers involved with the support of patient's utilizing hormones.

SPEAKERS



Barbie Barrett MD



Ron Rothenberg MD



Mike Hua PharmD



Julie Taguchi MD



Andrew Jurrow MD



Gretchen Jones PA-C



Uzzi Reiss MD



Felice Gersh MD



Rebeca Provorse ND



Kris Hart RN, FNP



Stephen Center MD

COST

\$395

Early Bird Pricing
until Jul 31th, 2019

\$495

Until Sep 30th, 2019

\$595

Until the event

CURRICULUM & PROGRAM SCHEDULE

BASIC HRT TRAINING

THURSDAY | NOVEMBER 7TH, 2019

- 7:00** Registration, Continental Breakfast
- 8:30** Hormonal Bioidentity - *Ron Rothenberg MD*
- 9:15** Thyroid Hormone Optimization - *Barbie Barrett MD*
- 10:00** BREAK
- 10:15** Women's Hormones- Bioidentical HRT - *Kris Hart FNP*
- 11:00** Testosterone in Women & Sexual Dysfunctions - *Barbie Barrett MD*
- 11:45** LUNCH
- 1:15** Testosterone Optimization in Men - *Ron Rothenberg MD*
- 2:00** Growth Hormone - *Andy Jurrow MD*
- 2:45** BREAK
- 3:00** Testosterone & Male Sexual Dysfunctions - *Ron Rothenberg MD*
- 4:00** Q & A - *Panel*
- 4:30** Adjourn for the Day

FRIDAY | NOVEMBER 8TH, 2019

- 7:00** Continental Breakfast & Exhibitor Visit
- 8:30** The Art & Science of Compounding: What to Look for in a Compounding Pharmacy - *Mike Hua Pharm D*
- 8:45** DHEA & Cortisol - HPA Axis Dysfunction - *Andy Jurrow MD*
- 9:45** BREAK & Exhibitor Visit
- 10:00** Hormone Lab Testing & the Office Visit - *Kris Hart FNP*
- 10:45** Nuts & Bolts of Hormone Restoration for Men & Women: A How to Guide - *Ron Rothenberg MD*
- 11:45** LUNCH & Exhibitor Visit
- 1:15** PCOS: SOS: The Importance of Hormones & Diet - *Felice Gersh MD*
- 2:15** Hormones - Skin & Hair - *Barbie Barrett MD*
- 3:00** BREAK & Exhibitor Visit
- 3:15** Heart Health: Hormones & the Cardiovascular System - *Felice Gersh MD*
- 4:15** Q & A - *Panel*
- 4:45** Adjourn for the Day

CURRICULUM & PROGRAM SCHEDULE

ADVANCED HRT TRAINING

SATURDAY | NOVEMBER 9TH, 2019

- 7:00** Continental Breakfast & Exhibitor Visit
- 8:30** Women, Hormones, & Cancer Treatment Bioidentical vs. Commercial - *Uzzi Reiss MD*
- 10:00** BREAK & Exhibitor Visit
- 10:15** Prostate Cancer & Testosterone - Should you Treat? - *Ron Rothenberg MD*
- 11:00** Benign Prostatic Hyperplasia (BPH) & Lower Urinary Tract Symptoms (LUTS) in Men - *Andy Jurow MD*
- 11:45** LUNCH & Exhibitor Visit
- 1:15** PMS & Infertility Treatment, Nutrition - *Uzzi Reiss MD*
- 2:15** Hormone Replacement with Pellet Implants for Men & Women - *Stephen Center MD*
- 3:15** BREAK & Exhibitor Visit
- 3:30** Physiologic Hormone Restoration -What is it? (more tomorrow) - *Felice Gersh MD*
- 4:30** Q & A - *Panel*
- 5:30** Adjourn for the Day

SUNDAY | NOVEMBER 10TH, 2019

- 7:00** Continental Breakfast
- 8:30** The Basics of Physiologic Hormone Restoration - *Rebecca Provorse ND*
- 9:15** Physiologic Restoration Management & Case Studies - *Gretchen Jones PA-C & Rebecca Provorse ND*
- 10:45** BREAK
- 11:00** Physiologic Hormone Restoration & Cancer - *Julie Taguchi MD*
- 12:00** Transgender Transformation Using Physiologic Restoration - *Rebecca Provorse ND*
- 12:45** Q & A - *Panel*
- 1:15** Adjourn for the Day

OBJECTIVES

- 1.** Review the hormonal changes that manifest with aging, and their negatively associated impact on chronic diseases.
- 2.** Discuss the impact of unaddressed hormone insufficiency as it pertains to quality of life for patients and their families.
- 3.** Recognize the dangers related to the disruption of the circadian rhythm and sleep patterns and its impact on the menstrual cycle and cancer.
- 4.** Learn about an integrative approach of metabolic disorders with nutrition and lifestyle management.
- 5.** Understand the difference between static hormone replacement and physiologic hormone restoration.
- 6.** Learn to use a nuts and bolts approach of interpreting diagnostic studies to manage static hormone replacement therapies.
- 7.** Review general cancer risks involving landmark studies incorporating various methods of hormone replacement therapy.
- 8.** Learn to order and assess relevant laboratory tests associated with hormone insufficiencies and physiologic hormone restoration.
- 9.** Review and discuss clinical management guidelines regarding utilization of physiologic restoration with case studies.
- 10.** Learn how to utilize physiologic restoration as a potential improvement over the current practices in the transgender population.
- 11.** Learn to apply hormone replacement/restoration guidelines for everyday use in office patient management.

ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the Medical Educator Consortium is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIAN

The Medical Educator Consortium designates this live activity for a maximum of 23.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING

The Medical Educator Consortium designates this activity for 23.75 contact hours. Pharmacotherapy contact hours for Advance Practice Registered Nurses will be designated on your certificate.

PHARMACIST

This Application-based activity has been approved for 23.75 contact hours (2.37 CEUs) by the Medical Educator Consortium. The Universal Activity Number for this program is JA4008179-0000-19-009-L01-P. Your CE credits will be electronically submitted to CPE Monitor[®] within 60 days upon successful completion of the activity.



PHYSICIAN ASSISTANT

The Medical Educator Consortium has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 23.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

DISCLOSURE POLICY

The Medical Educator Consortium (MEC) adheres to the Joint Accreditation Criteria and ACCME Standards for Commercial Support, which requires everyone in a position of controlling the content of a CME/CE activity to disclose all relevant financial relationships with commercial interests related to the activity content. MEC has implemented a mechanism to identify and resolve all conflicts of interest prior to the CME/CE activity being delivered to learners. The source of all support from commercial interests will also be disclosed to learners prior to the beginning of the educational activity. CME/CE activities must be balanced, independent of commercial bias, and designed to improve quality in health care. All recommendations involving clinical medicine must be based on evidence within the medical profession.

DISCLOSURE OF UNLABELED USE

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contradictions, and warnings.

DISCLAIMER

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contradictions and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.